RIG Co-Chairs for 2020/2021

Lorraine Robbins, PhD, RN, FNP-BC, FAAN, a Professor in the College of Nursing at Michigan State University. Her research focuses on increasing physical activity and healthy eating behaviors in young adolescents to assist them in attaining or maintaining a healthy weight. In early fall 2019, she received a R61 grant from NHLBI to test a multi-component school-and home-based intervention for this purpose. The 1-year R61 Phase is expected to be followed by a 4-year R33 Phase.

Jiying Ling, PhD, RN, an Associate Professor in the College of Nursing at Michigan State University. His research interests involve early childhood obesity prevention and stress management in lifestyle behavior interventions. In fall 2019, she received a R21 grant from NINR and a state grant from Michigan Health Endowment Fund.

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Announcing:

HPBAL RIG AWARD WINNERS!

New Investigator Award:
Shannon Halloway, PhD, RN
Assistant Professor at Rush University College of Nursing

Senior Investigator Award:
Mei-Wei Chang, PhD, RN, FAAN
Associate Professor at the Ohio State University College of Nursing

The awards will be presented at the 2021 RIG meeting virtually on Tuesday, March 23, 11:00 AM – 12:30 PM Central Time
Health Promoting Behaviors
Across the Lifespan
Research Interest Group

Information from the Co-Chairs

HPBAL RIG
Last voting meeting: April 4, 2020
Meeting attendance: 67
Total enrolled members: 101
Top 5 largest RIGs in MNRS

Guaranteed Symposium

Four RIG members will present their research at our Guaranteed Symposium, followed by a panel discussion!

“Health Promotion and Risk Reduction in Diverse Populations through Team Science”
Saturday, March 27, 2021 8:00 AM to 9:30 AM Central Time

Dr. Susan L. Dunn
Suicidal Ideation in Ischemic Heart Disease Patients Who Report Hopelessness During Enrollment into a Randomized Controlled Trial

Dr. Susan W. Buchholz
Relation of Neighborhood Environment and Physical Activity in Employed Women

Dr. Kelly L. Wierenga
Depression and Anxiety Symptoms are Associated with Perceptions of the COVID-19 Pandemic among Adults living in the US

Dr. Jiying Ling
COVID-19 Negatively Affected Low-Income Parents’ Life and Emotional Well-Being

We look forward to seeing our RIG members at this symposium!
2020-2021 HPBAL RIG Executive Members

Co-Chairs
Dr. Lorraine Robbins (robbin76@msu.edu)
Dr. Jiying Ling (lingjiyi@msu.edu)

Co-Chairs Elect
Dr. Mei-Wei Chang (chang.1572@osu.edu)
Dr. Shanina Knighton (sck46@case.edu)

Past Co-Chairs
Dr. Pallav Deka (pdeka@msu.edu)
Dr. Susan Dunn (sdunn01@uic.edu)

Grants Committee Representatives
Dr. Joanne Kraenzle Schneider (joanne.schneider@slu.edu)
Dr. Leeza Struwe (lstruwe@unmc.edu)

RIG Website
http://www.mnrs.org/health-promoting-behaviors-across-lifespan-rig

HPBAL RIG Purpose Statement
The focus of the Health Promoting Behaviors Across the Lifespan RIG is to advance nursing knowledge of successful approaches to health promotion, disease prevention, and self-management in diverse populations. As part of the larger health care community, nursing scholars work to better understand the complexity of factors that contribute to health behavior. We seek to promote discussion about the diverse types of health promoting behavior research conducted by MNRS members, and to provide avenues for collaboration, consultation, and dissemination.
2020 HPBAL RIG Member Accomplishments

Dr. Christine Eisenhauer, Principal Investigator, was awarded a NIH grant (1R15NR017522-01) for her research project titled: Engaging rural men with mobile technologies for weight loss: A randomized controlled trial. She was also recognized as the 2020 NLN Elevating Leaders in Academic Nursing Fellow. Institution: University of Louisville.

Dr. Frances Hardin-Fanning, Principal Investigator, was awarded an Aetna/American Public Health Association/National Association of Counties Challenge Grant (2020-2022, $100,000) for her research project titled: Food Security and Healthy Eating in Rural Perry County. Institution: University of Louisville.

Dr. Mei-Wei Chang, Principal Investigator, was awarded a NIH grant (1R21HD099380-01A1) for her research project titled: Using Mental Imagination to Prevent Excessive Gestational Weight Gain in Overweight and Obese Pregnant Women. Institution: The Ohio State University.

Dr. Shannon Halloway, Principal Investigator, was awarded a NIH grant (1R01NR018443-01) for her project titled: Lifestyle Physical Activity and Cognitive Training Interventions: Preventing Memory Loss in Older Women with Cardiovascular Disease. Institution: Rush University. Co-Investigators (other MNRS members): JoEllen Wilbur, Susan J. Pressler.
Dr. Susan Dunn, Principal Investigator, was awarded a two-year NIH/NINR COVID-19 Supplement (R01 NR017649-04S1). The purpose of the supplement is to determine whether and how the ongoing RCT intervention (Heart Up!) limits the negative impact of COVID-19 shelter-in-place/physical distancing measures on key mental, social, and behavioral health outcomes in ischemic heart disease patients who report hopelessness. Institution: University of Illinois Chicago.

Dr. Lorraine Robbins, PhD, RN, FNP-BC, FAAN
**Distinguished Abstract**

Dr. Jiying Ling, PhD, MS, RN
**Distinguished Abstract**


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Dear RIG Members,

To help our RIG continue to grow, please encourage your colleagues, students, and post-docs to become RIG members!

We hope to see all RIG members at the 2021 MNRS conference. Please plan on attending our RIG’s guaranteed research symposium and the annual RIG meeting, where RIG awards will be presented.

Also, please consider becoming a Co-Chair Elect for 2021-2022. Elections will be held during our 2021 RIG meeting. If interested in a Co-Chair Elect position, please email Jiying Ling (lingjiyi@msu.edu) or Lorraine Robbins (robbin76@msu.edu)!

We look forward to seeing you at the MNRS Conference in 2021!

Lorraine Robbins & Jiying Ling
HPBAL RIG Co-Chairs