

2021 MNRS HPBAL RIG Annual Meeting MINUTES

Virtual Meeting

Date: March 23, 2021

Time: 11:00-12:30AM (Central); 12:00-1:30PM (Eastern), 90 minutes max

Virtual Room:

<https://zoom.us/j/97249575786?pwd=b3ZyRmRsbTgwSzBiVU8wSktMZWZnUT09>

Co-Chairs: Drs. Jiying Ling and Lorraine B. Robbins

Attendance: 31 members

Approval of Agenda:	Moved: Susan Dunn	Second: Shanion Kinighton	In Favor: all	Oppose: no	Abstain: Joanne Schneider
Approval of Minutes from 2020 RIG meeting	Moved: Sydney Buckland	Second: Mei-Wei Chang	In Favor: all	Oppose: no	Abstain: Joanne Schneider, Richard Martin

1. **Welcome and Introductions:** leadership, members, and symposium (5 min, *Facilitated by Dr. Robbins*)

Dr. Robbins delivered the opening note.

-Our current membership stands at 101 (top 5 largest RIG).

-Our RIG has a guaranteed symposium this year.

-Thank you to all who volunteered in the RIG this past year.

2. **Research Accomplishments of RIG Members:** newsletters and member directory (5 min, *Facilitated by Dr. Ling*)

- a. Newsletters: <https://mnrs.org/members-center/rigs/health-promoting-behaviors-across-the-lifespan/>

- b. Member directory:

<https://drive.google.com/file/d/1X11oOBICm7Iu3T4h79b3MG5ZhHaBd2uT/view?usp=sharing>

Dr. Ling shared the RIG newsletters (emailed and posted at RIG website) and member research directory.

3. Award Presentations: (25 min)

- a. New Investigator Award: Shannon Halloway, PhD, RN, Rush University College of Nursing (10 min, *Introduced by Dr. Ling*)
- b. Senior Investigator Award: Mei-Wei Chang, PhD, RN, Ohio State University College of Nursing (15 min, *Introduced by Dr. Robbins*)

Dr. Halloway is a nurse researcher with a commitment to improving cognition and health of older adults. She has a strong background in health behavior research, focusing on the testing of sustainable lifestyle approaches to encourage long-term adherence and bring satisfaction to older adults. Her intervention work is informed by her research on the effects of lifestyle physical activity and sedentary behavior on cognition, and has a history of obtaining funding for this line of research.

Dr. Chang's interest is to promote positive lifestyle behavioral changes among young, low-income mothers. Dr. Chang has received grants from NIH to conduct community-based lifestyle interventions aimed to prevent weight gain in low-income overweight or obese mothers of young children through the promotion of stress management, healthy eating, and physical activity.

-Drs. Halloway and Chang presented their research.

-Each presentation was followed by Q/A among RIG members.

-Award certificates will be mailed to awardees by MNRS staff.

4. Introduction: 2021-2022 Co-Chairs (5 min, *Facilitated by Dr. Robbins*)

- a. Dr. Mei-Wei Chang, The Ohio State University College of Nursing
- b. Dr. Shanina Knighton, Case Western Reserve University Frances Payne Bolton School of Nursing

Dr. Robbins introduced the incoming Co-Chairs for 2021-2022 to the RIG members.

5. Election: 2021-2022 Chair-Elect or 2 Co-Chair-Elects (5 min, *Facilitated by Dr. Ling*)

No volunteers for the (co)chair-elect at this time.

Grant Committee Representatives: Leeza Struwe and Sydney Buckland

Abstract reviewers: Diane Lauver, Annie Thomas, Yvonne Lu, Linda Ehrlich-Jones, Joanne Schneider, Diane Lauver, Seoyoon Woo, Pallav Deka, Kelly Wierenga, Todd Rupp

Award reviewers: Susan Dunn, Joanne Schneider, Diane Lauver, Pallav Deka, Kelly Wierenga, Todd Rupp

6. **Discussion:** (30 min, *Facilitated by Drs. Ling and Robbins and 2021-2022 Co-Chairs*)

a. Plan for 2022 MNRS RIG competitive symposium title(s) and theme(s) and voting

- Moving diversity, equity, inclusion and belonging in health promotion research
- Advancing health promotion science through the lens of diversity, equity, inclusion, and belonging
- Building on excellence: cutting-edge research on health promotion and disease prevention

Vote for symposium title/theme	Moved: Diane Lauver	Second: Joanne Schneider	In Favor: all	Opposed: no	Abstain: no
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The RIG members discussed the above proposed three topics, and voted for the second one titled “Advancing health promotion science through the lens of diversity, equity, inclusion, and belonging.”

b. Plan for RIG webinars or pre-conference workshops

Members had no suggestions for RIG webinars or pre-conference workshops at this time.

c. Plan RIG award(s) for 2022: Outstanding Dissertation, New Investigator, Senior Investigator Awards, or other

Members decided to keep the same three awards for next year.

d. RIG 2021-2022 goals and objectives

1. Increase networking opportunities among RIG members via newsletters and member directory posted at RIG website.
2. Plan the RIG's competitive symposium for 2022 MNRS.
3. Recognize member accomplishments through RIG awards.

Members decided to keep the same three goals for next year.

e. RIG long-term goals and objectives for the next three years

1. Increase research and scholarship collaboration among RIG members.
2. Promote dissemination of cutting edge research on health promotion and disease prevention.
3. Recognize excellence in health promotion scholarship at various stages of research careers.

Members decided to keep the same three long-term goals for next three years.

7. **Closing Remarks** (5 min, *Facilitated by Dr. Ling*)

- a. Attend the HPBAL RIG guaranteed symposium at 2021 MNRS conference on March 27: 8:00-9:30AM (Central)
- b. Join Groupsite (HPBAL RIG) and engage in discussion: <https://mnrs.groupsite.com/>
- c. Open discussion

Members were reminded of the guaranteed symposium and the need to create a profile on Groupsite.

Adjournment:

Meeting adjourned at: 1:10pm	Moved: Jiyong Ling	Second: Joanne Schneider	In Favor: all	Opposed: no	Abstain: no
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