



**Name:** Carolyn Harmon Still, PhD, CNP,  
MSN, AGPCNP-BC, CCRP

**Current Title:** Assistant Professor

**Affiliation:** Case Western Reserve University

**Candidate for:** MNRS Board Director-At-Large



**Personal Statement:**

I have a desire and enthusiasm to serve as a Board Member-At-Large for the Midwestern Research Nursing Society (MNRS). I can attest that my education background and experience has instilled in me the qualities required to contribute substantially to the strategic vision of MNRS. I bring along with me strong leadership, a unique and diverse background, proclivity for teamwork, along with the desire to grow and learn. I will briefly explicate my rationale why I should be considered as a board member.

I am an Assistant Professor at the Frances Payne Bolton, School of Nursing at Case Western Reserve University. My passion and program of research focuses on psychosocial assessment and management of chronic diseases in older adults, recruitment and retention of minorities in clinical trials, and the development and implementation of self-management interventions using technology; all priorities for our nation's health care research agenda. These interests have cultivated my program of research that leverages technology-based interventions for self-managing chronic diseases to advance behavioral and self-management science, which has received funding from the National Institutes of Health (NIH). As technology shifts and transforms health care, my research is well-positioned to contribute and lead transformational changes in that are needed to improve health outcomes in populations with chronic diseases.

My leadership proficiency has been shaped by my 12 years of experience and work with the landmark NIH study, the Systolic Blood Pressure Intervention Trial (SPRINT). In my role as the regional program director and a clinician-researcher, I had the opportunity to collaborate and led multidisciplinary teams and implement an intensive blood pressure treatment protocol, while managing a multi-million-dollar, multi-site clinical trial. The impact of this work has pushed the boundaries of conventional prevention and treatment approaches for hypertension and provided evidence for the recent change in blood pressure treatment guidelines. In addition, I have provided national leadership served on several committees for SPRINT, including the executive committee as the only nurse

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scientist among a collective group of scholars. These positions provided me with additional opportunities to be an effective change agent for vulnerable and minority populations. As the chair of SPRINT's Recruitment and Retention committee, I led efforts to assure that recruitment methods incorporated evidence-based practices to increase minorities and underserved populations in clinical trials. Strategies included addressing provider and system level barriers to participation; building and leveraging relationships with community stakeholders/leaders, and bridging the gap between health care and clinical research by in mobilizing infrastructure to conduct research in community clinical settings. My ongoing dedication as a leader and nurse scientist extends to academia and to the next generation of nurse scientists and leaders by mentoring. I have also demonstrated excellence in nursing practice, with much success attributed to the intricate involvement in community health and family centered-care, practicing as an Adult-Gerontology Primary Care Nurse Practitioner. I have a strong sense of purpose and commitment to health care and the profession of nursing. My leadership experience extends to engaging in collaborative efforts on various committees from succession planning to executive committees to identify and develop organizational policies to transform health care by using various practice models that incorporate nurse practitioners and nurse scientist in the healthcare system.

As an emerging nurse leader, I understand the importance of extending my leadership to include various platforms. Within the MNRS organization, I served actively as the Co-chair of the Health of Diverse Population Research Interest Group and the Co-Chair of the Diversity Task Force. An opportunity to serve on the MNRS board will allow me to continue to utilize my knowledge, energy, and expertise to achieve MNRS's mission (to advance science, transform practice and enhance careers through a network of scholars). Importantly, there is a need and urgency to increase diverse leaders to promote change and advance health for all human races by collaborating with an organization such as MNRS. Lastly, I strongly believe MNRS will support my personnel growth to continuously build career skills, network and connect socially with leaders in the nursing community, along with gaining virtuous governance standards and principles.

In summary, as a nurse scientist, leader, educator, and practitioner, I have a professional commitment to serve the nursing profession. My list of amassed accomplishments (detail in biosketch) coupled with my zest for challenges, hard work, and dedication are well deserved of a regional reputation bestowed upon by MNRS to serve as a Board Member-At-Large.

Click Here  
for Candidate's  
Full Biosketch

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