

Minutes for the Palliative and End-of-Life Care (PEOLC) Annual Meeting

Saturday, April 4, 2020, 7:15 am, Zoom online meeting

Past Chair, Renee Kumpula, EdD, RN, PHN; Chair, Rebecca Lehto, PhD, RN, FAAN;
Co-Chairs Elect, Maryellen Potts, PhD, and Megan Miller, BSN, RN, PhD candidate

1. **Welcome:** At 7:15 am, Renee Kumpula, Past Chair, called the meeting to order for Rebecca Lehto, Chair. She welcomed members and thanked them for their participation over the last year. She described the agenda and procedure for the virtual meeting.
 - a. She acknowledged the leadership team and described meeting procedures.
 - b. She requested members to post and record current email addresses in virtual Chat; Co-Chairs Elect took screen shots of participants.
 - c. There were 32 in attendance and 47 unique viewers during the virtual session.

2. **Old Business:** The Past Chair acknowledged the valuable work of members.
 - a. Rebecca Lehto, Chair, and Maryellen Potts and Megan Miller, Co-Chairs Elect were thanked for their contributions. Co-chairs Elect described their involvement.
 - b. She recognized the ongoing work of past chairs, Mary Minton and Misako Mayahara, and MNRS grant reviewers, Mary Minton, Misako Mayahara, and Chris Fortney.
 - c. Renee thanked volunteer reviewers of abstracts and award nominations.

3. **Summary of Year 2019-2020:** The Past Chair gave a summary of RIG achievements and reviewed the purpose to promote and support research focused on palliative and end-of-life care with the RIG long term goals (*on page 3 and RIG webpage*). For 2019-2020, RIG members were involved with regular RIG emails and newsletters to members, a RIG member survey, additions to the RIG webpage, updates for the RIG publications list, and recognition of Members in the Spotlight on the PEOLC RIG webpage including students. Renee asked members to send in recent publications.
 - a. **Membership:** The RIG has 74 or more members including 30 student members.
 - b. **Survey:** A 2019 survey of membership was prepared by Lindsey Obarzanek and Megan Miller (*Survey presentation is linked on the RIG webpage*).
 - c. **Student Leadership Committee:** A new student representative group met over the past year to propose activities for student involvement including a trial journal club and networking at the conference, led by Megan Miller, Co-Chair.
 - d. **Strategic Plan:** Renee reviewed the Strategic plan which was included in the Agenda and PEOLC RIG Conference documents that were sent to members prior to the meeting (*Strategic plan is on page 3 and our RIG webpage*).
 - e. **Leadership Succession Plan:** The Past Chair shared the PEOLC document developed to outline roles and responsibilities among the RIG leadership team. This document was shared with the MNRS Chair Orientation session with Renee's service on the MNRS Engagement Committee. This model from our RIG will now benefit other RIGs to onboard new leadership team members.
 - f. **Special recognition:** Two unique RIG achievements were highlighted for the membership: 1) for the second consecutive year, the PEOLC RIG was awarded a Competitive Symposium (*program listed below*), and 2) for the second consecutive year, a PEOLC RIG member was nominated by the RIG and awarded the MNRS Distinguished Contribution Award: Dr. Gwen Wyatt in 2020 (Meg Campbell in 2019).

4. **RIG Award Presentation:** PEOLC RIG Awardees were presented with awards. Each award recipient gave a short summary on of their work and scholarly project.

- a. Dissertation Award: Maryellen Potts, PhD; Title: Improving the Reach and Effectiveness of Palliative Care in Low-Resource Countries
 - b. Outstanding Publication Award: Megan Miller (formerly Flanigan), BSN, RN, PhD Candidate; Title: Flanigan, M., Wyatt, G., Lehto, R. (2019). Spiritual Perspectives on Pain in Advanced Breast Cancer: A Scoping Review. *Pain Management Nursing*. 20(5), 432-443 DOI: 10.1016/j.pmn.2019.04.002
 - c. New Investigator Award: Dr. Nai-Ching (Allison) Chi, PhD, RN
 - d. Distinguished Researcher: Dr. Gwen Wyatt, PhD, RN, FAAN, FAPOS.
No applications were received for 2 RIG awards: the DNP project award or Mid-Career award. The Past Chair also acknowledged that Dr. Gwen Wyatt received the MNRS 2020 Distinguished Contribution Award.
5. **Competitive Symposium program:** The Past Chair provided members the information on the presenters and the symposium entitled, "Exploring Complementary/Integrative Modalities for Palliative and End-of-Life Care for Patients and Families" (*program on webpage*)
- a. Susan Thrane, PhD, RN, MSN, CHPN, "Feasibility and Acceptability of Recruiting Very Young Hospitalized Children Receiving Palliative Care to an Integrative Therapy Study"
 - b. Clayton Clark, MSN, RN, "Mindfulness Based Stress Reduction and Pain: A Scoping Review and Proposed Model"
 - c. Verna Hendricks-Ferguson, PhD, RN, FPCN, FAAN, "Palliative Care: Gap in Bereavement-Focused Interventions for Bereaved Parents following a Child's Death"
 - d. Renee Kumpula, EdD, RN, "Integrative Considerations for Practice in Providing Spiritual Care"
6. **Nominations for 2019-2020:** Renee entertained discussion for selecting new Co-Chairs Elect and expanding committee opportunities. A number of individuals self-nominated during the meeting for the Co-Chair Elect positions. With multiple Co-Chair Elect nominations, Renee asked each nominee to share why he or she wished to serve as a Co-Chair Elect. The field of nominees was narrowed. Due to time constraints, the membership gave assent to the RIG leadership team to complete the process of determining Co-Chairs Elect after the meeting.
7. **New Business and Discussion:** The Past chair entertained discussion of adding new committees during the virtual meeting including a Communications Committee (developing the newsletter), Social Media Committee, Review Committee, and Awards Committee.
- a. **Review Committee and Awards Committee:** RIG members volunteered for 2 new committees at the annual meeting and in follow-up emails with the RIG leadership team.
 - b. **Student Leadership Committee:** Students also volunteered for service.
8. **Conclusion and Adjourn:** Renee acknowledged the contributions of Chair Rebecca Lehto and confirmed Maryellen Potts and Megan Miller as Co-Chairs for the coming year.

Announcements: MNRS 2021 Conference in Des Moines, Iowa, March 24-27

Adjourn: The virtual meeting was adjourned at 8:15 am.

Respectfully submitted by Renee Kumpula, Past Chair

2021 MNRS 45th Annual Conference: March 24-27, 2021

Hilton Des Moines Downtown and Iowa Events Convention Center, Des Moines, IA

RIG Achievements in 2019-2020

- Expanded PEOLC webpage for keeping membership informed
- Facilitated MNRS abstracts for 2019 conference sessions
- Reviewed abstracts for Competitive Symposium
- Awarded Competitive Symposium
- Nominated members for MNRS-wide awards
- Selected RIG awards for outstanding contributions to the field
- Created PEOLC template for MNRS: RIG leadership team succession (outlining roles and responsibilities)

PEOLC RIG Strategic Plan

Our Short-term Goals are to: 1) Increase awareness and visibility of PEOLC RIG and member contributions, 2) Utilize website to increase interest and connect with membership, and 3) Increase active membership /new members and member publications

- **Know our members:** Update membership database: during leadership team transition, before RIG awards, and before conference
- **Consult our members:** Gather member survey data and publications: send out yearly survey in November, collect publications and publish before conference; consider collaborative papers
- **Activate our members:** Collect volunteers for abstract review and award reviews at conference, in early fall; collect volunteers for conference events in late fall survey
- **Increase member visibility:** Facilitate the scholarship and research contributions of members with competitive symposium; Encourage nomination of members for MNRS awards; Acknowledge contributions to the field with RIG awards; Use webpage to highlight member achievements.

Our Long-term Goals are to: 1) Continue to improve/increase communication and networking between RIG members outside of the Annual Meeting and 2) Highlight the research and recognize the accomplishments of our members through all available mechanisms (e.g. MNRS website/MNRS Matters newsletter and Research Briefs)

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PEOLC RIG Webpage: <https://mnrs.org/members-center/rigs/palliative-end-of-life-care/>