JANUARY 2020

MNRS Palliative & End of Life Care RIG

E-Newsletter

MNRS 2020

Looking ahead to MNRS conference, please be on the lookout for forthcoming information on the following activities: New Member/First-Time Attendee Orientation, Palliative and End-of-Life Care (PEOLC) Networking Session, PEOLC RIG Annual Meeting, PEOLC Competitive Symposium

Membership Survey

On behalf of the RIG leadership team, please take a few minutes to complete the membership survey using this link: https://msu.co1.qualtrics.com/jfe/form/SV_5BGPQvbpoireSmF

RIG Student Journal Club

Are you a student in the MNRS Palliative and End of Life Care RIG? Join us for our first ever Virtual Student Journal Club!

- When: Monday, February 24th, 11-12:00 EST
- Where: Zoom (https://msu.zoom.us/j/357544468)
- Email Megan Miller at flanig21@msu.edu with questions or suggestions for future articles.
RIG Member Spotlights

Margaret Campbell, PhD, RN, FPCN

January's first RIG member profile is Dr. Margaret Campbell. Dr. Campbell is a Research Professor in the College of Nursing at Wayne State University. She conducts clinical research to assess and treat dyspnea among patients with advanced disease and the end of life across diagnoses and settings of care including intensive care units and home hospice.

She developed the Respiratory Distress Observation Scale (RDOS), the only known valid and reliable tool for measuring respiratory distress when the patient cannot self-report dyspnea. The RDOS has been translated into several languages and is in global use. She has conducted dyspnea intervention studies using the RDOS as a dependent measure when patient-reported measures are not possible. Dr. Campbell has had NIH and foundation funding. A current multi-site, Detroit-based, NIH-funded study is underway. Dr. Meg Campbell was recognized with the Distinguished Researcher Award at MNRS in 2019.

Lindsey Obarzanek, BSN, RN

January's second RIG member profile is Lindsey Obarzanek. Lindsey Obarzanek is a PhD Student in the College of Nursing at Wayne State University. She received her BSN at Oakland University in 2008 and has explored many different pathways throughout her nursing career. Lindsey is most passionate about the vulnerable critical care patient population and recently submitted a proposal for a pilot study examining Dyspnea and Respiratory Distress in a Medical Intensive Care Unit setting. She plans to dedicate her future work to better understanding and treating the distressing symptom of dyspnea in this specific patient population, which is often unable to self-report. Under the mentorship of Dr. Campbell, Lindsey has been fortunate to study and publish on this under-reported patient symptom experience.