

## Minutes from Pain and Symptom Management Meeting April 7, 2017

Chair: Judith M. Schlaeger, PhD, CNM, LAc  
Minutes taken by Chair

We had a very successful Pain and Symptom Management RIG and gave out three awards and heard all three presentations. Dr. Judith Schlaeger agreed to be Chair one more year and Dr. Dawn Denny came forward to be Chair elect another year and be mentored into the Chair role throughout this year.

Our wonderful research presentations from our three award winners received positive feedback:

**Pam Oglesby, PhD, RN** received the Dissertation Award. Her presentation was entitled, "The Effectiveness of an Interactive Intervention on Improving Adherence to Self-Management Regimens for Breast Cancer-Related Lymphedema."

**Barbara St. Marie, PhD, RN** received the New Investigator Award. Her presentation was a synopsis of her research trajectory on Pain and Opioid Management.

**Margaret Campbell, PhD, RN** received the Distinguished Researcher Award. Her presentation was on the development of her respiratory distress observation scale for patients unable to report dyspnea, and her career trajectory on dyspnea.

We continued our discussion that was started at the 2016 MNRS Pain and Symptom Management RIG meeting when we had a preliminary vote regarding whether or not we should change the RIG name to Symptom Science RIG. After a spirited discussion, we agreed to send a Qualtrics survey via email to the RIG membership to decide to change the name to either Pain and Symptom Science or Symptom Science. Dr. Kristine Kwekkeboom volunteered to send out the survey.

We also hosted our Guaranteed Symposium 2017 which was very successful. Committee members were Kristi Reuille, Anitha Saravanan, Lori Vick, Cynthia LaFond (alternate), Barb St. Marie, and Judith Schlaeger.

The theme was Innovative Methods in Pain and Symptom Science: Tools, Models, and Interventions. The following lectures were given:

- Development of a Clinical Pain Knowledge Test for Nurses  
Esther Bernhofer, PhD, RN-BC, CPE  
Barbara St. Marie, PhD, ANP, GNP, ACHPN
- Double-Blind Acupuncture Needles: A Feasibility Study  
Judith M. Schlaeger, PhD, CNM, LAc, RN
- Prescriptive Decision Support for Persistent Pain and Risk for Opioid Misuse  
Barbara J. St. Marie, PhD, ANP, GNP, ACHPN

- Use of Symptom Management Toolkit in Patients Taking Oral Oncolytic Agents  
Eric Vachon, RN, BSN  
Charles Given, PhD  
Barbara Given, PhD, RN, FAAN

Next steps:

- Dr. Denny will be copied on all correspondence with MNRS and the RIG.
- Await the results of the Qualtrics survey re: RIG name change.

Respectfully submitted,  
Judith M. Schlaeger, PhD, CNM, LAc