



Health Promoting Behaviors Across the Lifespan RIG 2017 Summary/Plans

Purpose

The focus of the Health Promoting Behaviors Across the Lifespan RIG is to advance nursing knowledge of successful approaches to health promotion, disease prevention, and self-management in diverse populations. As part of the larger health care community, nursing scholars work to better understand the complexity of factors that contribute to health behavior.

We seek to promote discussion about the diverse types of health promoting behavior research conducted by MNRS members, and to provide avenues for collaboration, consultation, and dissemination.

Who Should Join?

Anyone with an interest in health promotion activities, especially among marginalized and vulnerable populations

Overall/Long Term Goals

The ultimate goal of this RIG is to improve the health and well-being of marginalized and vulnerable populations. Our RIG recognizes excellence at various stages of research careers with annual awards.

2016 Goals

(I = Immediate; F = Future/3 years – this can include RIG Awards and/or Guaranteed/Competitive symposia planned)

Immediate Goals:

- Solicit abstracts for competitive symposium on primary care.
- Increase communication

Future/3 Years Goals:

- Promote the latest developments on driven health promoting behaviors
- Plan a competitive 2018 symposium that focuses on bio-psychosocial markers and health behavior change
- Increase networking opportunities among RIG members by:
 1. Promoting the collaboration of research, scholarship, and grant writing
 2. Promoting publication collaboration among RIG members
 3. Increase RIG member collaboration/mentorship with Junior and Senior Faculty

Recent Activities/Highlights

(Include things such as pre-conferences, guaranteed/competitive symposia, panel discussion(s), presentations by members (for or outside MNRS), RIG awards, recent retirees, articles submitted by members [to any publication], etc.)

- Annual meeting on April 8th, 2017 with 22 members in attendance
- Sent out 2 newsletters, increased communication in LinkedIN
- *Submitted a competitive symposium: Primary Prevention Strategies Among Vulnerable Populations*
- Compiled an awards committee made up for 8 RIG members
 - Senior Nurse Researcher Award: Carol Hall Pullen, RN, EdD
 - New Investigator Award: Elizabeth A. Richards, PhD, RN, CHES
 - Outstanding Dissertation Award: Karen D. Groller, PhD, RN-BC, CMSRN

2017-2018 RIG Contacts

- Co-Chairs Christine Eisenhauer ceisenhauer@unmc.edu
Nadia Robinson nadia_s_robinson@rush.edu
- Chair-Elect Dilorom Djalilova dilorom.djalilova@unmc.edu
- Past Chair Karen Groller grollerk@moravian.edu
Elizabeth Richards erichards@purdue.edu
- RIG Liaison Patricia Sharpnack psharpnack@ursuline.edu
- Grants Comm Rep Michelle Block blockm@purduecal.edu

2017-2018 RIG Awards to be Offered

- Senior Nurse Researcher Award
- New Investigator Award
- Outstanding Dissertation Award

2017 RIG Meeting - Attendance/Minutes

Attendance: 22

Minutes from the 2017 Annual Conference

MNRS Health Promoting Behaviors Across the Lifespan-Research Interest Group (HPBAL-RIG) Agenda Saturday, April 8, 2017

1. Welcome/sign-in
2. Old Business
 1. A year in Review: Reviewed goals and goal progress. Sent two newsletters with plans for a 3rd post-conference newsletter.
 2. Award Winners- Reviewed award selection process. Had a total of 10 nominees and a reviewer panel of 7 RIG members
 1. Dissertation Award: Dr. Karen Groller
 2. New Investigator Award: Dr. Elizabeth Richards
 3. Senior Researcher Award: Dr. Carol Pullen
3. Presentation: Dr. Carol Pullen- Dr. Pullen presented about her research trajectory on health promoting interventions to support healthy eating and activity in midlife and older rural women.
4. New Business
 1. Potential topics for guaranteed symposium for our RIG 2018: Bio-psychosocial markers and health behavior change were identified topics
 2. Leadership Opportunities
 1. Grant reviewers needed to participate on Grants committee (1-2 people), commitment 2 phone calls/year, 2 year commitment- Eight meeting attendees expressed interest in serving as award reviewers for the next year. These names were noted and shared with the incoming chairs for future reference.
 2. Co-chair elects needed- The sign in sheet for meeting attendees was passed around the room to garner signatures and included columns for attendees to express their interest in co-chairing. Delia Dilorom self-nominated herself. A co-chair, however, was not identified. It was suggested that an email be sent out to the full membership soliciting nomination for co-chair to access those RIG members who may not have been in attendance.

3. Restructuring proposal
 1. Revisit RIG goals
4. Member questions/concerns: Consider pre-conference symposium on non-guaranteed symposium years, possible topics- genomics and health promotion; biomarkers
5. Adjournment